



**GLANDORE HARBOUR YACHT CLUB**  
**Glandore Regatta 2023**  
**10th August**  
**SAILING INSTRUCTIONS FOR DINGHIES**

**NB - These Sailing Instructions must be read in conjunction with the NOR**

**1. RULES**

- 1.1. The GHYC League/Regatta/Event will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024*. (RRS)

**2. NOTICES TO COMPETITORS**

- 2.1. Notices to competitors will be posted on the GHYC official notice board.  
2.2. GHYC also uses an Electronic Notice Board for racing information which can be found at <http://glandoreyc.com/racing/>  
2.3. Results will be posted on the Electronic Notice Board and on the Official Notice Board as soon as possible after the racing.

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

**4. SIGNALS MADE ASHORE**

- 4.1. 1.1 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 4 minutes' in  
4.2. the Race Signal AP. This changes RRS Race Signals AP

**5. SCHEDULE OF RACES**

- 5.1. 2.1 The Regatta will consist of a series of fleet races followed by a team race series.  
5.2. 2.2 The fleet races will consist of a single class race for Topaz and Laser Fleets, a handicap race for all other boats, and finally a handicap race for all boats.  
5.3. 2.2 The Team Race will follow the fleet races, see Appendix 1 for details.  
5.4. 2.4 The schedule is as in the NOR .

**6. CLASS FLAGS**

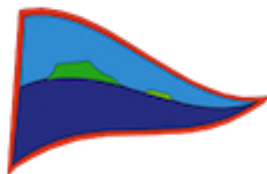
- 6.1. Class flags will be Class Y

**7. RACING AREA AND MARKS**

- 7.1. The races will be in Glandore Harbour and the marks will be announced on the day by the Race Officer.

**8. THE COURSES**

- 8.1. The course for each race will be decided by the Race Officer (RO) on the day of racing.  
8.2. Course descriptions will be displayed on a board on the pier but may be amended by the RO. Competitors will be informed of any such changes while on the water.  
8.3. At the discretion of the RO, a Spreader mark may be added to the course. The Spreader Mark shall be rounded on the same side (Port or Starboard) as the first Mark. The Spreader Mark will only be rounded on the first loop of the course. The RO may advise the Fleet/s of the addition of the Spreader Mark during the onshore briefing and/or while on the water.  
8.4. Courses may be shortened by the Race Committee displaying Code Flag F in the vicinity of a mark while making repetitive sound signals. Boats should round/pass the mark on the required side and sail directly to the finishing line. Boats should cross the finish in the direction from the mark at which F is displayed. This adds to RRS Rule 32.2.



## **9. THE START**

- 9.1. The start line will be between an orange flag on the Committee boat and a fixed or laid outer mark.
- 9.2. A boat that does not start within 4 minutes after her starting signal will be scored Did NotStart without a hearing. This changes RRS A4 and A5.

## **10. THE FINISH**

- 10.1. The finishing line will be the same as the start line (as described above) except that the orange flag will be replaced by a blue flag., unless the course is shortened.

## **11. TIME LIMITS**

- 11.1. The Race Time Limit for all races will be 30 minutes.
- 11.2. Finishing Window Time limit will be 10 minutes. (This is the time within which all competitors must finish after the first boat crosses the line.) 8.3 Any Boat failing to finish within the Finishing Window will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

## **12. SCORING**

- 12.1. Scoring will be in accordance with RRS Appendix A. Details of the scoring for the Team Racing will be described in Appendix 1 of this document.

## **13. PRIZES**

- 13.1. Prizes are as described in the NOR.

## **14. SAFETY REGULATIONS**

- 14.1. Personal Floatation Devices (PFD's)  
All competitors shall wear PFDs at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. Flag Y will not be displayed. Wet suits and dry suits are not PFDs. This alters RRS Rule 40

## **15. ARBITRATION**

- 15.1. Appendix T will apply

## **16. PROTESTS AND REQUESTS FOR REDRESS**

- 16.1. Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

Further info can be obtained from:

Harriet Emerson (Dinghy Captain) at email: [dinghycaptain@glandoreyc.com](mailto:dinghycaptain@glandoreyc.com)