

ILCA Summer Sprint Series 2024

Glandore Harbour Yacht Club

Saturday, June 29th

SAILING INSTRUCTIONS

Rules

1. The Regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
2. Racing will be governed by current ISAF Racing Rules of Sailing. ISA Prescriptions and those of the ILCA Ireland.
3. Entry is open to all sailors who are members of Irish Sailing Clubs.
4. Registration will be between 1000 hours and 1030 hours on Saturday 29th June 2024 at both the Pier in Glandore and in Union Hall (for visiting boats).
5. A briefing for all competitors will be held at Union Hall Pier at 11:00 hours on Saturday 24th June 2023.
6. Visiting competitors are required to launch and return their boats to the Union Hall pier, where trailers and trolleys should be left in designated spaces. Visitors are asked not to bring trailers through Glandore village. (See Addendum 1 for map of suggested route to Union Hall pier and additional information on trolley & trailer parking in Union Hall.)

Notice to Competitors

7. Notices to competitors will be posted on the official notice board which will be a WhatsApp group which entrants will be informed of. All competitors are responsible for joining the WhatsApp groups (use [LINK](#))

Changes to the Sailing Instructions

8. Any change to the sailing instructions will be posted on the official notice board (WhatsApp Group) no later than one hour before the start of the first race.

Sail Numbers

9. Boats shall use their correct sail numbers (as also listed on their entry form), which shall be clearly readable on both sides of the sail.

Schedule of Races

10. It is proposed to run five races on the day.
11. The scheduled time of the first warning signal is 11:55 hours.
12. When races are run back-to-back, the Warning Signal for the next race will be given as soon as possible after all boats have been finished.
13. No warning signal will be made after 1700 hours.

Class Flags

14. Class flags used will be:

- ILCA 7 fleet White ILCA Class Flag
- ILCA 6 fleet Green ILCA Class Flag
- ILCA 4 fleet Yellow ILCA Class Flag

These may be changed at the discretion of the Local Race Officer and notified in the briefing to competitors.

Racing Area and Areas that are obstructions

15. The racing area will be at the discretion of the local Race Officer.

16. Race areas and areas that are obstructions will be described at the competitors' briefing.

The Courses

17. The course will be trapezoid as set out in Addendum 2 or as displayed/instructed on the water by the LRO.

Marks

18. Course Marks and Start/Finish Marks will be described at the competitors' briefing.

The Start

19. The starting line will be between the orange flag on the committee vessel and an outer distance mark (ODM).

20. The start may be postponed at any time using the AP flag at the discretion of the LRO. The removal of the AP flag indicates the race will continue and the starting sequence will commence 1 minute after the removal of the flag.

21. The start sequence;

<u>Signal</u>	<u>Time from start</u>	<u>Flags</u>
Warning	5 Minutes	Class/Colour Flag - Pennant 1
Preparatory	4 Minutes	Preparatory (P) Flag
One Minute	1 Minute	P Flag Lowered
Starting	0 Minutes	Class/Colour Flag – Pennant 1 Lowered

Change of Course after the start

22. To change the positions of the next mark, the race committee may move the original mark (or the finishing line) to a new position.

23. The change will be made before the leading boat has begun the leg, although the mark may not yet be in the new position.

24. Any mark to be rounded after rounding the moved mark may be relocated to maintain the course configuration.

The Finish

25. The primary finishing line shall be between the committee (finish) boat, identified by flying a blue flag, and the finishing mark, unless the course is shortened at another mark using the S flag.

26. No earlier than 10 minutes after the first boat has finished the Race Officer may, at their

discretion, finish the remainder of the fleet that are still racing at a secondary finishing line.

27. Boats that have passed the area where the secondary finishing line is placed and have not retired, but that subsequently fail to finish, shall be awarded the average of the points for the places available to them had they finished.
28. In awarding finishing positions, the decision of the Race Officer is final and shall not provide grounds for any boat to seek redress.
29. After finishing, boats shall keep well clear of the finishing area and avoid impeding any boat not yet finished.

Time Limits and target times

30. For all fleets: the time limit for the first boat to complete a race is 40 minutes.
31. If no boat finishes within 40 minutes, the race may be abandoned. It may be re-sailed where possible.
32. Boats failing to finish within 10 minutes after the first boat sails the course and finishes may be given a placing at the discretion of the Race Officer.

Protest and Requests for Redress

33. Protest forms are available online. Protests and requests for redress shall be delivered online within the appropriate time limit.
34. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
35. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress.

Penalty System

36. For all classes RRS 44.1 is changed so that the two turns penalty is replaced by a one turn penalty.

Scoring

37. A minimum of 3 races are required to constitute a series on the day.
38. The low point scoring system of Appendix A (RRS) will apply.
39. If 5 races are completed there will be one discard.

Equipment and measurement checks

40. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

Safety Regulations

41. A boat that retires from a race shall notify the race committee as soon as possible.
42. All crew shall wear adequate personal buoyancy at all times while on the water.
43. Sailors wear suitable gear and consider full length wet gear to ensure that they are warm and comfortable throughout the duration of the series.

Support Boats

44. Except for rescue purposes, team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

Prizes

45. Prizes will be awarded as follows:-
- 1st, 2nd and 3rd, 1st Female in Ilca 4 Fleet
 - 1st, 2nd and 3rd, 1st Female in Ilca 6 Fleet
 - 1st, 2nd and 3rd, 1st Female in ILCA 7 Fleet

Disclaimer of Liability

46. Competitors participate in the regatta entirely at their own risk. See RRS 3 (Decision to Race).
47. By signing the entry form, competitors and their parents or guardians confirm they are entirely responsible throughout the event for themselves and their boats on land and on the water.
48. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Insurance

49. It is the duty of each boat owner to have his/her boat adequately insured against any risk, including civil responsibility to third parties and to ensure that such insurance remains valid for the entirety of the Sprint Series.

Rights to Use Name and Likeness

50. By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Environment & Sustainability

51. As part of the venue's commitment to reducing the environmental impact of the event, we request that competitors, team leaders, coaches, volunteers, race officers and all stakeholders follow the Irish Sailing event sustainability guidelines. Details published here:

<https://www.sailing.ie/Clubs-and-Centres/Our-Environment>

Further Information

52. For further information and contacts available at: www.glandoreyc.com

Glandore Harbour Yacht Club (Attn: Sailing-Secretary)
School Road,
Glandore, Co. Cork, P81 KN30

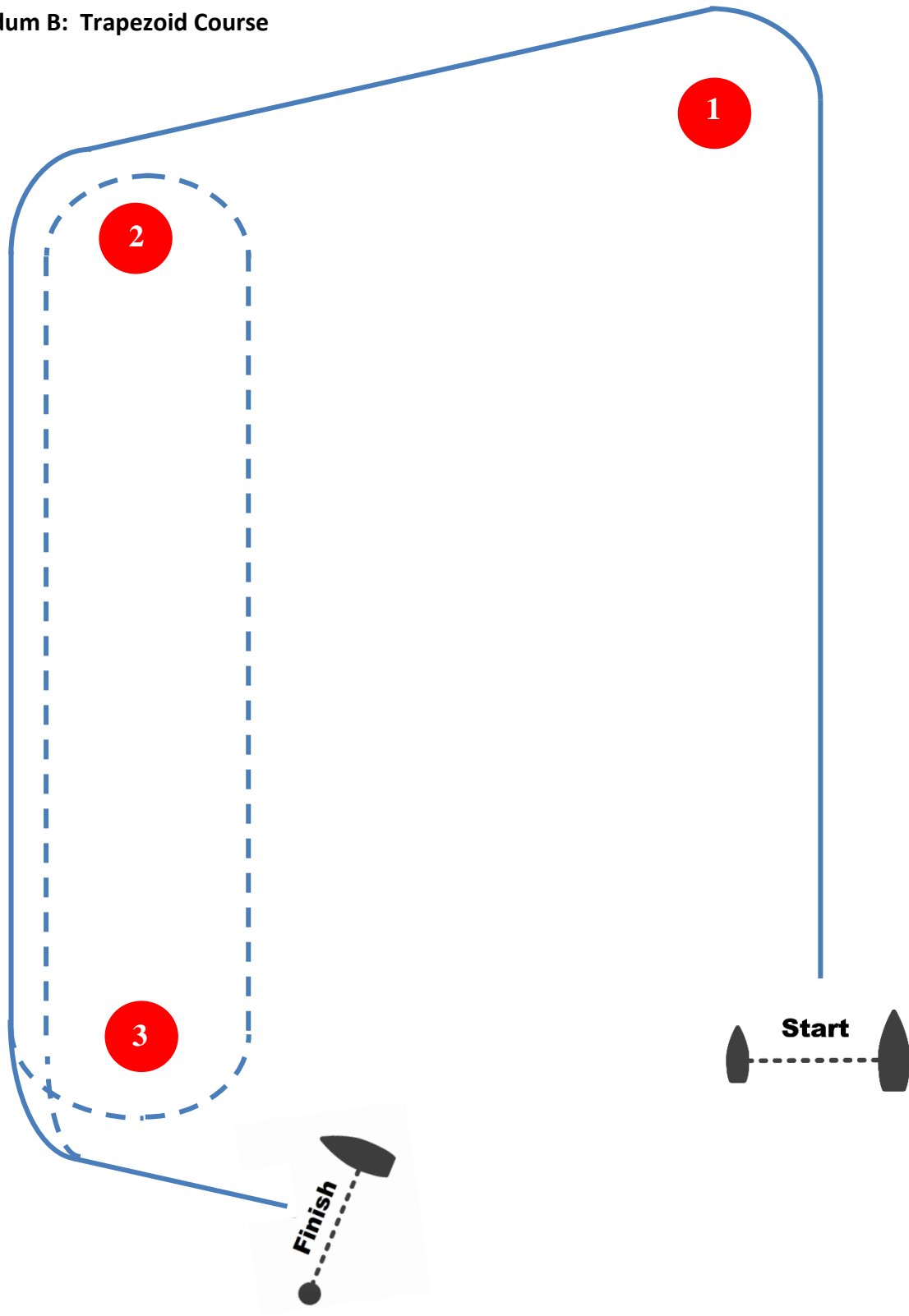
Addendum A: Suggested Route to Union Hall Pier (for all visiting competitors)



NB: Briefing will be held on Union Hall Pier at 11:00hrs

There will be an opportunity for visiting sailors to familiarize themselves with the Harbour on the afternoon of Friday 28th June, with a support boat provided for a tour out and to Adam Island at 2pm, weather permitting. Those wishing to take part are asked to notify the GHYC Dinghy Captain (087 6508664/ dinghycaptain@glandoreyc.com)

Addendum B: Trapezoid Course



Blue dotted line indicates additional outer loop that may/ may not be included in course as notified by LRO.